# Sure Hope for When You're Feeling...

## **ABANDONED**

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord

Romans 8:38-39

### **AFRAID**

When I am afraid, I put my trust in You. In God, whose word I praise—in God I trust. I will not be afraid. What can mere mortals do to me?

Psalm 56:3-4

### **ANXIOUS**

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

John 14:27

## **ASHAMED**

I sought the Lord, and he answered me; he delivered me from all my fears. Those who look to him are radiant; their faces are never covered with shame.

Psalm 34:4-5

### **BETRAYED**

The Lord is near to the brokenhearted and saves the crushed in spirit.

Psalm 34:18

## **BITTER**

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

John 16:33

## **CONFUSED**

In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans.

Romans 8:26

### **DEPRESSED**

Weeping may stay for the night, but rejoicing comes in the morning.

Psalm 30:5

## **DESPERATE**

God is our refuge and strength, a very present help in trouble. Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, though its waters roar and foam, though the mountains tremble at its swelling.

Psalm 46:1-3

## **DISAPPOINTED**

And we know that in all things God works for the good of those who love him, who[a] have been called according to his purpose.

Romans 8:28

## **DISCOURAGED**

Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you.

Deuteronomy 31:6

### **DOUBTFUL**

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:6-7

#### **EXHAUSTED**

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.

Matthew 11:28-30

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### **GUILTY**

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him.

John 3:16-17

## **GRIEF**

Blessed are those who mourn, for they will be comforted

Matthew 5:4

## **HURT**

He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away.

Revelation 21:4

## **INSECURE**

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Romans 12:2

## **LONELY**

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Isaiah 41:10

### **SCARED**

When I am afraid, I put my trust in you.

Psalm 56:3

### **SORRY**

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

1 John 1:9

## **STRESSED**

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

Proverbs 3:5-6

## **TEMPTED**

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

1 Corinthians 10:13

## **UNLOVED**

I have loved you with an everlasting love; I have drawn you with unfailing kindness.

Jeremiah 31:3-4

## **UPSET**

Shout for joy, you heavens; rejoice, you earth; burst into song, you mountains! For the Lord comforts his people and will have compassion on his afflicted ones.

Isaiah 49:13

## WORRIED

Cast your cares on the Lord and he will sustain you; he will never let the righteous be shaken.

Psalm 55:22